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| **Prior to Arrival** 1. DO NOT come to the club if you or anyone in your household is unwell, even with mild symptoms. 2. You MUST have a court booked before arriving at the club with the names of both players entered - unless you are playing solo. This will assist our track and trace procedures. 3. Please arrive no more than 5 minutes before your booking time. 4. Please arrive in your kit ready to play, apart from your squash shoes that can be changed on court. Please check that your outdoors shoes are clean before entering the court.5. You will need to bring a water bottle (the water fountain has been turned off), a towel, and if you are prone to sweating a lot, a few spare T-shirts.  |

**TWC PLAYER GUIDELINES FOR RETURNING TO SQUASH**

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| **On Arrival** 1. Sanitise your hands as soon as you enter the building. Sanitising stations are outside each court. 2. Proceed directly to your court and take all your equipment on court with you. 3. Please respect social distancing guidelines.  |

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| **Whilst Playing** 1. Please follow ‘ways to play’ outlined in previous e-mail and displayed on the boards by the courts.2. Do not wipe your hands on the court walls - if you accidentally touch the walls, please wipe down immediately using sanitising wipes that can be found outside the courts.3. If you aren’t from the same household - only one member is to handle the ball. 4. Please refrain from handshakes or physical contact at the end of your session. 5. You must stop playing after 45 minutes. This will allow the extractors to recycle the air on the court for 15 minutes before the next players come on.  |

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| **After Playing** 1. At the end of 45 minutes please leave the court immediately.2. As you exit the court, please sanitise your hands and then clean all touch points, most importantly both door handles (inside and outside the court) with sanitising wipes which are located outside each court.3. The changing rooms and showers will be CLOSED to reduce the risk of transmission. 4. If you would like to visit the bar after playing, please towel yourself down outside the club, change your t-shirt and if possible sit outside. You will also have to sign in at the bar for their track and trace procedures.  |